



Newsletter

Vol 1

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"Every child should have the opportunity to learn to swim, and feel confident and safe around water."

Welcome to our newsletter providing information on all things swimming and Hawthorn Swimming Clinic.

Swimming is our passion, we love sharing with families our knowledge and love of swimming. We possess an enviable history of dedication & experience in water safety, and learn to swim. Our commitment is to deliver the best program for your child.

Quality Teachers

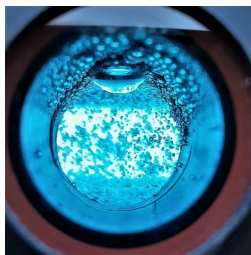
All of our teachers are hand picked and are highly trained & all qualified. All come from a swimming background so they know what is like in learning to swim. In addition we conduct constant feedback & training to all staff. To work with us staff must possess:

- AustSwim or Swim Australia Licences
- CPR
- WWCC

All of our team teach in uniform & our supervision staff are identified by their uni-



forms. We are committed to providing the highest level of teaching.



Water quality so pure

Crystal clear and safe water is, without a doubt, the primary objective for all swimming pool owners & operators. Our water is protected by the same technology used in drinking water treatment, meaning that bacteria & viruses including Cryptosporidium, that are chlorine resistant will be destroyed by hydroxyl radicals created within our system. The water is gentle & soft on eyes, hair & skin. Our water is tested every 5 minutes to ensure its purity.

Purpose Built Facility

Our pool is purpose built indoor pool for teaching & heated to an average 33°, offering year round swimming for families.

We've been the water safety & learn to swim experts since 1972.

Hawthorn Swimming Clinic offers a 4-stage **Water Safety Program for babies and toddlers.**

Babies 3-6 months

Classes focus on teaching parents some

water safety techniques such as floating, reflex action, breath control & survival skills. All in an environment that is encouraging & educational for both baby & parent.

Infants 6-18 months

Classes focus on harnessing the increasing physical ability & mobility by using a broader range of drills to that of 3-6 months.

Toddlers 18-36 months

Classes that help late starters or children less confident develop their water safety & survival skills at pace suitable for them. We are still focusing on floating, breath control, mobility & survival skills.

Toddlers 18-36 months (Advanced)

These classes focus are designed to challenge toddlers with more advanced drills to prepare them for learn to swim. Parents are still there to lend a hand & provide emotional support with these confident toddlers.

The goal of this program is to provide a high degree of **water awareness & drowning prevention skills** via constant & consistent repetition of critical skills.

We recommend **2 lessons per week** for your child to learn a higher level of water safety. These classes help both child & parent.

